

Instructions for collecting a midstream urine

1. A plastic container and tray will be given to you.
2. Please write your name, date of birth, NHI number (if known) and the date and time of collection clearly on the container label.
3. Wash your hands thoroughly.
4. Pass a small amount of urine into the toilet and then some into the tray.
5. Pour the urine from the tray into the container.
6. The tray and any other waste can be disposed of with your normal rubbish. Wash your hands thoroughly when finished.
7. Return the container and request form to a LabPLUS collection room.

For all enquires please contact LabLink on 0800 522 7587
<http://www.labplus.co.nz>

Patient information - Instructions for collecting a midstream urine – English

LabPLUS controlled document. Classification number: LPPHLCOLIN901
Issued by: LabPLUS Phlebotomy Services, July 2010